

Final Instructions for Participants



First off, Congratulations! You are about to take part in the 6th annual Susan G. Komen **RUN FOR THE PINK 6K!** We truly thank you for choosing our event and hope you enjoy the beautiful course and scenery that signifies South Florida!

Below is a list of details and instructions to help you get through your race weekend smoothly.

In addition to the information in this document please browse our website for more information. Our Event Details Web page has all the information for each event, <https://komenmiaftl.org/run>.

6th Annual Susan G. Komen **RUN FOR THE PINK 6K** Details

Date: Sunday, January 26, 2020

Schedule:

- **4:00am (EST) Shuttle Buses begin taking runners from the Finish to Start Area**
- **4:30am (EST) Start Line Area opens**
- **5:15am (EST) Orange Theory Lead Warm-Up**
- **5:30am (EST) Welcome Address**
- **5:35am (EST) National Anthem**
- **5:45am (EST) Wheelchair Start Time**
- **6:00am (EST) Marathon & Half Marathon Start Time**
- **6:30am (EST) Komen **RUN FOR THE PINK 6K** Start Time**

***** PLEASE PLAN ON ARRIVING EARLY!!! THERE WILL BE TRAFFIC AROUND THE START AREA GARAGES! WE RECOMMEND ARRIVING BY 4:30AM.**

Start Line Location: 401 SW 2nd Street | Fort Lauderdale, FL 33312

Finish Line Location: 1100 Seabreeze Blvd. | Fort Lauderdale, FL 33316

Free Shuttle Bus Service:

The **RUN FOR THE PINK** is a Point-to-Point run with differing Start & Finish locations. There will be a complimentary shuttle bus service taking both runners and spectators from the Finish to the Start, and vice versa. Shuttle Service will begin at 4:00am, and run until 1:00pm. Shuttle Bus Info can be found here, <https://a1amarathon.com/parking-map>

Finish Line Shuttle Bus stop location:

Bahia Cabana Hotel | 3001 Harbor Drive, Fort Lauderdale, FL 33316

Start Area Shuttle Bus Stop – at the intersection of SW 2nd Street & SW 7th Avenue of the Arts:

201 SW 7th Avenue | Fort Lauderdale, FL 33312

If you wish to park near the Finish Line in the morning, please arrive as close to 4:00am as possible in order to provide adequate time to get to the Start line area via the Shuttle Bus. After the race the Shuttle buses will be waiting on Harbor Drive (right by the Finish Area) to take runners back to the Start Line area. Harbor Drive is right across the street from our Finish Area.

Parking:

Parking attendants will be located on Broward Blvd to direct traffic to the various garages around the downtown Fort Lauderdale Start Line Area. Follow the people with flags to direct you to the lots.

There is plenty of Parking Capacity near the Start Area! We **STRONGLY** recommend that people arrive by 4:30am to park. There will be some congestion, as thousands of cars will be traveling to the area! Please... please, give yourself enough time to park so you are not rushed on race morning. The parking fees will be around \$10-\$12 at the Start Area. There is a parking map located on our website at, <https://a1amarathon.com/parking-map>. **Carpool if possible!!**

By our Finish Line Area, there are approximately 600 parking spots at the City Parking Garage at the intersection of Las Olas & Birch Road. The meters will begin at 4:00am. It is about a Half Mile walk to the Shuttle Bus location.

At the completion of your run, and after you have partied with us, the Shuttle Buses will be located across the street (opposite the ocean) to take you back to the Start Line, if you parked there.

**** The PayByPhone Parking app** - We strongly recommend participants download the PaybyPhone parking app. All City of Fort Lauderdale owned garages take payment via the app. This will save you time and stress. Download the app, upload your car and credit card info and you are ready to go. Simply enter the parking location number into the app then follow the instructions. This will allow you to avoid the pay meters. Additionally, you can add time to your parking if need be from your phone.

Parking Map web page: <https://a1amarathon.com/parking-map>

Timing & Scoring:

We will be using the Bib Chip B-Tag System this year. Your timing chip will be affixed to your bib. It is your responsibility to ensure that your bib is worn with the chip attached. No Chip...No Time. Do not remove the chip from the back of the bib!

Please remember to wear your Bib! No Bib... No Run Time!

Once again, we thank you for choosing to race with us. We know you have many choices for running events. With the loyalty of our runners, we have slowly grown into a cornerstone South Florida event, with national recognition!

Thanks & see you at the Start Line!